



# Salvesen Mindroom Centre

*support • inform • empower*

**Are you  
a child  
or young  
person aged  
25 or under?**

**Do you  
think you  
might have  
a learning  
difficulty?**

**Do you need some  
help to get your  
voice heard in  
decisions about  
your life?**

## Support for young people

We provide direct 1:1 advocacy and support for children and young people with learning difficulties across Scotland. You do not need a diagnosis to get our help.

This can be about any issue you are worried about. It might be about education, health or social work.

We can help you to:

- Understand your rights
- Tell people your views about decisions involving your life
- Let people know what support you need

We will:

- Listen to you
- Be understanding
- Put you first

We will NOT:

- Judge you
- Make promises we can't keep
- Take other people's sides

## Get in touch!

For more information about any of our services or to request support for you or your family:

Phone us: **0131 370 6730**

Email us: **[directhelp@mindroom.org](mailto:directhelp@mindroom.org)**

Website: **[www.mindroom.org](http://www.mindroom.org)**

